

### **NTCS AQUATICS PROGRAM**

Director: Mrs. Natalie Solomon aquatics@ntcs.on.ca (416) 491-2488 ext 224

### FALL 2018 REGISTRATION FORM BRONZE MEDALLION / BRONZE CROSS

FAMILY NAME	Y NAME HOME PHONE		
ADDRESS			
ADDRESSSTREET	CITY	POSTAL CODE	
FATHER'S NAME	WORK/CELL PHOI	NE	
FIRST	LAST WORK/CELL PHO		
MOTHER'S NAME	WORK/CELL PHON	NE	
FIRST	LAST		
EMERGENCY CONTACT (OTHER THAN	I PARENT)		
EMERGENCY HOME PHONE	EMERGENCY WORK PHO	NE	
Medical, behavioural or learning needs	that NTCS Aquatics should be aware of		
	ess: LS: Deadline to register is October 24, 20		
INFORMATION	COURSE	SESSION COST	
NAME:	BRONZE MEDALLION		
NAME:  FIRST  AGE (as of Dec 2018):  DATE OF BIRTH:  HEALTH CARD #:		\$	
AMOUNT ENCLOSED (Please send of CASH CHEQUE #	e-transfer to "admin@ntcs.on.ca")	IVED BY	
(Please make cheques payable to "North	Toronto Christian School") DATE	/TIME	

### **NOTES TO PARENTS**

By enrolling your child(ren) in the NTCS Aquatics Program, you agree to the following in order to help us maintain a safe and pleasant environment for all involved in the swimming program.

- It is very important that you supervise your children at all times, particularly those who are waiting for their lessons or brothers and sisters that come with swimmers. Please ensure that your children are with you and do not remain unattended.
- During the hours designated for swimming lessons the gym is not available to parents or children.
- We would also ask you to refrain from eating and/or drinking in the hallways, the change rooms and the pool viewing area.
- No credits or refunds will be given once a session has started. If you do need to cancel your registration, it must be done at least one week prior to the start of the session.
- No videotaping or still photography of the pool area is permitted at any time.
- \*\* Please do not feed your child a big meal 1 hour before their lesson.

Thank You.

Natalie Solomon Aquatics Director

# NTCS AQUATICS FALL 2018 BRONZE MEDALLION / BRONZE CROSS INFORMATION

#### **BRONZE MEDALLION**

Bronze Medallion teaches young and adult life savers alike how to respond in complex water rescue situations. Bronze Medallion develops physical fitness, decision making, and judgment skills. Rescuers learn both tows and carries, and release methods in preparation for challenging rescues of increased risk. Life savers develop stroke efficiency and endurance in a timed swim. Bronze Medallion is a prerequisite for all advanced life saving awards. We require a minimum of 4 students to offer this course. Total course time -- 24 hours. This course includes certification in Emergency First Aid (EFA). A written test is required for certification in EFA. Cost for writing the test once is included in the course, a second attempt if the student fails will cost an additional \$10.00.

**COST:** \$225.00

**PURPOSE:** To emphasize the life saving principles of the practical items in this award.

**PREREQUISITES:** Minimum age-13 years on the exam date. (Completion of SK 12 is recommended).

CLASS LENGTH: Classes will be held on four Saturday's from 1:15 p.m. to 7:15 p.m.

**EVALUATION:** All candidates will be examined by their Lifesaving Society of Canada (LSSC)

Instructor as well as a LSSC Examiner.

**CERTIFICATION:** Colourful crest, certification card, and bronze medal.

CLASS DATES: October 27, November 3, 17, December 1. (Exam date - December 1<sup>st</sup>, 2018)

\*\* Please note that the Bronze Medallion class will start in the pool on the first day with a

timed swim. Please ensure that you do not eat a large meal just prior to the start of class.

#### **BRONZE CROSS**

Bronze Cross is designed for life savers who want the challenge of more advanced training including an introduction to safe supervision in aquatic facilities. Bronze Cross teaches the difference between life saving and life guarding, the principles of emergency procedures, team work, and use of special equipment. Bronze Cross is a prerequisite for life guarding training in the National Lifeguard Service (NLS) program. We require a minimum of 4 students to offer this course. Total course time -- 24 hours.

**COST**: \$225.00

**PURPOSE:** To emphasize the life saving principles of the practical items in this award. **PREREQUISITES:** Candidate must be 14 years of age on the exam date and have their Bronze

Medallion.

**CLASS LENGTH:** Classes will be held on four Saturday's from 1:15 p.m. to 7:15 p.m.

**EVALUATION:** All candidates will be examined by their LSSC Instructor as well as a LSSC

Examiner.

**CERTIFICATION:** Colourful crest, certification card, and bronze cross medal.

CLASS DATES: October 27, November 3, 17, December 1. (Exam date - December 1<sup>st</sup>, 2018)

Class space for the Bronze Medallion and Bronze Cross classes will be limited. Deadline to register is October 24, 2018.

Red Cross Instructors will be offered in the winter of 2018 if there is sufficient interest. Please speak to Mrs. Solomon if you would like to take this course.

## FALL 2018 BRONZE MEDALLION / BRONZE CROSS SCHEDULE

LEVEL	TIME	DATES	COST
BRONZE MEDALLION*	Saturdays 1:15 p.m. to 7:15 p.m.	October 27, November 3, 17, December 1. Exam: December 1	\$225.00 (includes exam fees and materials)
BRONZE CROSS*	Saturdays 1:15 p.m. to 7:15 p.m.	October 27, November 3, 17, December 1. Exam: December 1	\$225.00 (includes exam fees and materials)
EXTRA HELP** (Bronze Medallion / Cross)	TBA by Nov.3rd	November 19 <sup>th</sup> - 24 <sup>th</sup> (Optional)	
Red Cross WSI	See separate form	Winter 2018	See separate form

- \*Deadline to register is October 24, 2018.
- \*\*Optional Extra help will be offered to both Bronze Medallion and Cross candidates based on interest during the week of the 24<sup>th</sup>. The date(s) and time will be provided to candidates by their instructor by November 3<sup>rd</sup>.
- Please ensure that you have provided your certification number for Bronze Medallion and Emergency First Aid if you are registering for Bronze Cross.
- If you are interested in joining any of the above classes, leave your completed registration form and payment at the swimming or school office or mail it to the address below. For more information please speak with Mrs. Solomon (416) 491-2488 ext 224 or contact <a href="mailto:aquatics@ntcs.on.ca">aquatics@ntcs.on.ca</a>

Cheques payable to:

NTCS Aquatics 255 Yorkland Blvd North York ON M2J 1S3

www.ntcs.on.ca